

## Reflection: Guiding Children's Behavior Through Connection

### Before You Read-if you see this before 😊

Think of a time when you weren't sure how you were expected to behave in a new setting.

- How did it feel?
- What helped you feel more confident?

### After Reading – Reflection Questions

1. "You are on the child's team"

- What does this phrase mean to you?

2. Behavior vs. the child

- Why is it important to separate who a child is from what they are doing?

3. Managing your own emotions

- What signs tell you you're getting overwhelmed?
- What strategies help you reset?

4. Guiding all day

- How do routines and tone shape behavior before problems start?

### Try This

Identify one phrase or approach from the reading you want to practice at camp.