

## MONKEY BUSINESS CAMP'S LICE POLICY

**Please follow the protocols below before returning to camp if you discover lice or nits on your child.** FYI, at camp, there is no sharing of hats, no hats in our costume bins, and costume bins alternate every two weeks, to help limit potential of spreading. **Often parents use a professional service, like Nitpixies, to help them through the process, if they do not have experience with lice. They have informed us they have a spray they use that kills any nits to best of their knowledge.**

**Text the Monkey Business Camp team if you found lice or nits on your child.** If we discover on your child at camp, we will contact you to come pick up your child so you can complete the following steps before returning to camp:

1. **Remove ALL nits, whether light or dark.** All could have nymphs. We recommend this [lice check video](#).
2. **Daily, for 3 days straight, do the following eradication tasks daily:**
  - Pull out every single nit. Finding them requires a good light to see them stuck to the side of the hair follicles. Removing them can be done with a high-quality lice comb, or snipping carefully with scissors. Fingernails can also slide them off, just remember to place all nits removed down the toilet and wash hands after! Allow about 20 minutes for this each time.
    - Wash sheets, pillowcase, and possibly blankets in hot 120 degree water (alternately, put items in hot dryer for 20 minutes, or bag them tightly for 20 days)
  - Wash clothing in hot water
  - Vacuum carpets, furniture, car seats your child uses (a spray is available)
3. **Twice (at least), shampoo with a natural treatment or an over-the-counter pyrethrine-based.** New nits can hatch every 7-11 days, so a 2<sup>nd</sup> treatment is needed to catch any that hatched after 1<sup>st</sup> treatment. Natural treatments usually require more frequent applications. An electronic device called RobiComb can be used effectively to kill the actual lice.
4. **Keep your child's hair tied back** as tight to their head as possible, and **have them wear a hat/bandana**, as hair to hair is a common mode of transport.
5. **To return to camp: Send text confirmation you have performed the above actions or professional agency has completed.**

With persistence in carrying out all the above, you help reduce possibility of a) having more family members getting lice, b) allowing undestroyed eggs to re-infest your home or car, and c) spreading it to other families at camp.