

# MONKEY BUSINESS CAMP

Summer + School Break Day Camps for Kids

## **Gear/Clothing Tips for our Jan 2-5 camp in Tilden:**

Check the weather in the days leading up to camp to see what is predicted and adjust clothing accordingly. The picnic area in Tilden has areas with shade and sun, but tables are usually near trees, so those will be chilly for kids when sitting to play games or draw, if possible. We will have lots of options for kids to be active during the day, and will sit in the sun for meals when we have it.

### **Outer layers: Armor over thermal base and mid layer clothing**

- Make sure that rain gear is waterproof, not water resistant, ideally 5,000mm or more. 10,000 is ideal.
- Jackets with hoods are great to put up over hat to keep dry

### **Hat**

### **Gloves**

### **Material choices for thermal base and mid-layer, hats, gloves**

Preferred: these both give better insulation when cold or wet

- Wool-merino is a nice soft base layer, but other is fine too, depending on what you have
- Synthetics

To be avoided: cotton, as it dries slowly and holds moisture against skin rather than wicking away.

### **Footwear:**

- waterproof hiking boots or muck boots
- wool socks (above ankle)-and bring extra pair in Ziploc packed in backpack